

#### Access Map

- A five minute walk from Akasaka Station on the Tokyo Metro Chiyoda-line (Exit #3b). Walk uphill between Akasaka ACT Theatre and Blitz Tower. Turn left at the T-crossing and Akasaka Park Building at your right
- 2) A ten minute walk from Akasakamitsuke Station on the Tokyo Metro Marunouchi- line

#### CLINIC HOURS

Morning 9:30~13:00

Evening 15:30~19:00

From Monday to Friday

#### MD.net Clinic AKASAKA

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### Patients' Guide

General Medicine
Psychosomatic Medicine
Thyroid Disease

Health Insurance and othermedical coverage are accepted



MD.net Clinic AKASAKA

# General Medicine: Aiming at "Total Health Care"

MD.net Clinic Akasaka as of December 1, 2011 has expanded to provide health care services to both the Foreign and Japanese community in four areas: General Medicine, Psychosomatic Medicine, Endocrine (Thyroid) Disease and Oncology.

Modern medicine has made such rapid advancement in diagnosis and therapy that this has inevitably led to a focus on "specialization". As a result, we may have forgotten to observe the person as a whole something that is of paramount importance.

MD.net Clinic Akasaka was originally established to provide mental health care for Japanese nationals both at home and abroad. However, with the above in mind, we now move forward to the establishment of A Collaboration of General Medicine and Psychosomatic Medicine that will ensure Total Health Care for the whole community.

Collaboration of General Medicine and Psychosomatic Medicine











#### GENERAL MEDICINE

We are general practitioners each with our own specialization.

We cover diverse diseases including cardiovascular disease; hypertension and arrhythmia; respiratory disease; asthma and the common cold; gastrointestinal disease; reflux esophagitis and peptic ulcer disease; metabolic disease; diabetes and lipid abnormalities; endocrine disease and thyroid problems and so forth. Upon a visit to our Clinic we will conduct an examination to ascertain any physical or mental symptoms of disease that may be apparent and empirical treatment will commence. Should further examination be deemed necessary we will introduce you to the CT/MRI Center of your convenience.

# PSYCHOSOMATIC MEDICINE and MENTAL HEALTH CARE

Total health care as it relates to psychosomatic medicine can be achieved by observing both the well-being of the body and the mind including social and environmental problems. The therapy that is conducted, therefore, is multi-faceted.

Modern society has become increasingly complex and personal responses to a variety of stresses differ. It is not uncommon for a tiny event to induce major damage to both the body and the mind and early detection, proper diagnoses and treatment are as important as in any other disease.

#### THYROID DISEASE

The Thyroid is an organ that produces a hormone essential for living. When abnormalities in hormone levels transpire, a variety of symptoms appear that cause a person to feel "poorly". For instance, some persons with thyroid disease may seem to be "lethargic" or "depressed". One in 20 people are reported to have thyroid disease, including Basedow's (hyperthyroid) disease or Hashimoto's (hypothyroid) disease.

Tumors may also be found in the thyroid, both benign or malignant. Diagnostic examinations, medical treatment and follow-up are provided at the Thyroid department.



#### **OUR AIMS**

## Personalized Care in a Refined and Private Setting

#### Effective

diagnosis and therapy appropriate for effective disease prevention and control

### our triple "E" treatment

#### Elegant

high quality care with dignity in an elegant setting

#### Excellent

oroviding excellen support for your total health care

#### • RESERVATIONS

Reservations are recommended for all departments. Emergency visits are accepted except for those asking for Psychosomatic treatment.

#### RESERVATION PHONE

03-5563-4970

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\*Japanese National Health Insurance as well as other Medical coverage is accepted